

Volunteer Role Description

Role Title	Client Gardener Support Volunteer – Social and Therapeutic Horticulture
Based at	Regional Centre
Responsible to:	(named contact in Agreement)
When	Any weekday
Time Commitment:	1 day a week 10am – 3pm
Duration	Minimum of 3 months
General Purpose of the Role	<ul style="list-style-type: none"> • To support our horticultural therapists in delivering a high level of service to individuals with a disability. These individuals (client gardeners) come to our gardening programmes with a range of disabilities and the programmes they are following will vary from general gardening to working towards horticultural qualifications. • To develop social interaction with client gardeners and encourage them to work with and talk with others. • To work alongside client gardeners encouraging them in their work but not doing the tasks for them. • Supervising, with others, the client gardener group over lunch breaks and occasionally when the therapists are engaged in assessing and related paperwork.
Outline of Tasks you may be involved in.	<ul style="list-style-type: none"> • Attending a briefing before client gardeners arrive and helping to prepare for the planned sessions. • Working alongside client gardeners encouraging, talking, demonstrating or guiding the individuals to a greater or lesser extent depending on their needs - sowing seeds, watering, planting out, weeding, digging, hoeing, mowing, pruning. • Watching out for the Health and Safety of those you are working with. • Helping to clear up after gardeners have left, briefing therapists on progress or any issues relating to the clients you have worked with.

<p>Skills and Personal qualities we need you to use.</p>	<ul style="list-style-type: none"> • Patience and understanding with a commitment to being supportive and companionable • Flexibility – task may need to change and client gardeners behaviour may be surprising or erratic • Reliability – for both the therapists and the client gardeners this is important for continuity and trust. • Ability to explain tasks clearly and in simple ways. • Some understanding of basic gardening skills • Prepared to work outdoors in most weathers.
<p>Training, Support and Supervision you will be given</p>	<ul style="list-style-type: none"> • A full introduction to the site and to the task we need you to do. • Training in relation to Health & Safety (Manual Handling and Safeguarding Vulnerable Adults) • After working with us for 6 months you will have the option of attending our Introduction to STH • Attend any in-house staff training as appropriate. • Supervision/debrief session at end of each day with a therapist. • A review meeting with your named contact at least once every six months. • Provision of Thrive T-shirt and fleece and steel-cap boots.
<p>General Duties</p>	<p>There are other general responsibilities and expectations set out in the Volunteer Agreement which you will need to sign before starting work with us.</p>
<p>Notes:</p>	<p>We are always looking for help with the various fundraising events we put on. We may ask you if you would be willing to join in. These are usually at weekends. There is no obligation but this could be an additional activity you could get involved in.</p>