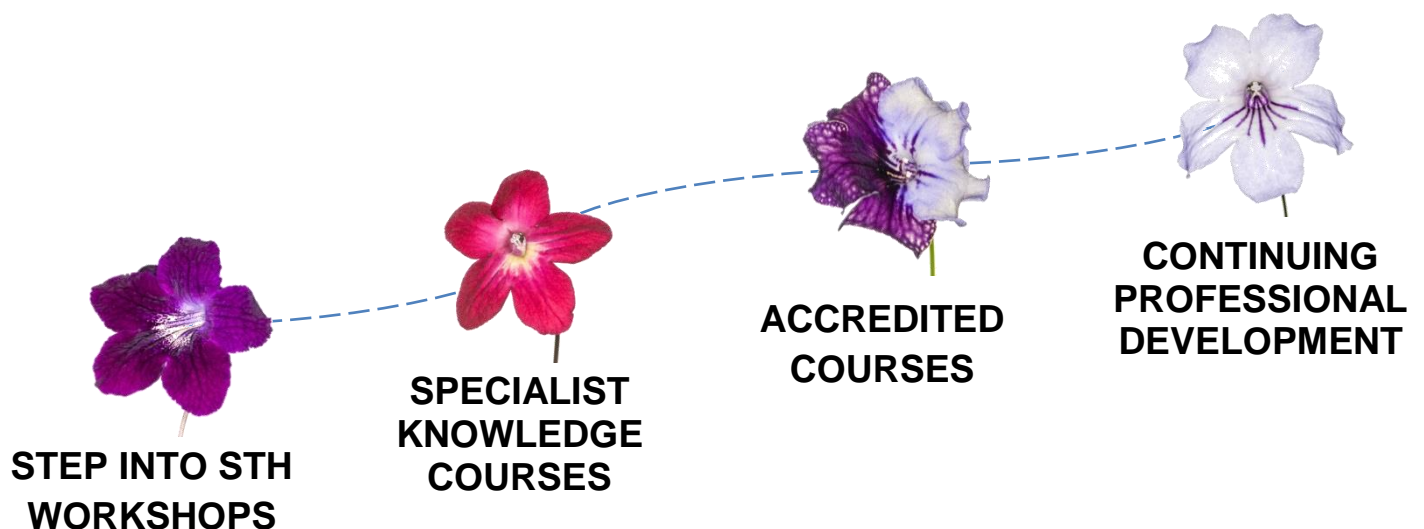


# Thrive's Path of Learning

Each year our programme reaches around 500 people from a wide range of professional and educational backgrounds. Whether you are a complete beginner or have many years' experience, we have the course that is right for you and those who you support.

One way of understanding what we do is to think about our courses as points along a path:



- **Step into STH Workshops** are aimed at people who are new to the field of social and therapeutic horticulture
- **Specialist Knowledge Courses** are suitable for professionals, practitioners and volunteers who would like to deepen their understanding, develop their skills and begin to implement their own STH programme
- **Accredited Courses** are for people who would like to take their training further and gain an accredited qualification from a top UK university
- **Continuing Professional Development Events** are for experienced professionals and graduates to continue developing, explore best practice and discuss key challenges and opportunities in the field.

You do not necessarily need to be training at one particular point. Some students will study more than one course at each point on the path. And others will move quickly along the pathway.

The best way to make sure you find the right course is by contacting our Training and Education department on 0118 988 5688 or at [training@thrive.org.uk](mailto:training@thrive.org.uk).

Alternatively, visit the 'How do I train or retrain as a horticultural therapist?' section of our [frequently asked questions](#)